



Risk Assessment

Activity: Outdoor

| Identify the hazards | Who/what may be harmed | Risk likelihood | Severity of harm | Existing control measures |
|--|------------------------|-----------------|------------------|--|
| Falling over/slipping on grass or ditches. | Everyone | VL | M | Check areas before, during and after session. Cone off any issues in the area you are using. Make sure everyone is wearing correct footwear. |
| Broken Equipment | Everyone | L | L/M | Check all equipment before, during and after session. Make other coaches aware that equipment is broken and put aside or dispose of. |
| Obstructions on field – bags and items | Everyone | L | L/M | Keep all bags and items that are brought in to one area. Remind the group to put stuff back if they go to it. Cone off area. |
| Protective Equipment | Everyone | L | M | Check/ask to make sure everyone has the right protective items on such as helmet and pads. Bring a few spares for those who do not have access. |
| Hit by ball | Everyone | VL | M | Separate activities with plenty of space. Try and hit ball away from other groups. Coach corrects catching skills to try to lower chance of being hit. Report incidents and give needed first aid. |
| First aid/injuries | Everyone | L | M | Keep first aid kit within sessions. Have at least 1 qualified first aider in each session. Make sure that children are all safe during session, adequate spaces. |
| Bumping into each other | Everyone | L | L | Make sure there is adequate space for the activity and explain activity to the group and expectations |
| Sprains, strains, and injuries related to not warming up or cooling down | Participants | L | L | Warmups and cool downs to be carried out by coaches at the start and end of every session. Use stretches and aerobic activities. |
| Nets and mats | Everyone | L | H | Make sure number of people within the nets is correct. Point out any areas of risk and try to keep people away from any risks. |
| Participant with medical needs | Participant | L | M | Make sure they have stated medical condition/need on registration form. Check for updates throughout season. Participant should disclose condition or need to coach so that they are aware and can |



Aston Manor Cricket Club

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| | | | | make any changes for them. Make sure they have medication with them when taking part. |
| Dehydration | Everyone | L | H | Make sure everyone has drinks break and remind participants and/or parents and carers to bring a drink to each session/game. |
| Sunburn or Heat exhaustion | Everyone | L | M | Remind everyone to use or bring suncream and hat. Have adequate breaks out of heat and try to set up sessions within the shade where possible. |
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| Serious Incidents | Everyone | U | H | Know where defibrillator is located. Have someone call 999. Report any incidents. Find out medical details and any other relevant information |
| | | | | |

Key:

- Risk Likelihood
- VL- Very Likely
- L- Likely
- U- Unlikely

Risk Severity:

- H- High
- M- Medium
- L- Low

Risk Assessment Completed by: A. Prichard

Signed: *A. Prichard*

Date: 20/03/24

Counter Signed: *Hardep Panesar* on behalf of the AMCC Committee

Date: 20/3/2024